



**Health and
Disability Ethics
Committees**

**Central Health and Disability
Ethics Committee
Annual Report
2025**

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About this report

This report is a summary of the activities of the Central Health and Disability Ethics Committees (HDEC) for the period of 01 July 2024 – 30 June 2025. It includes a summary of the applications reviewed during the year, details of any complaints received (and how they were resolved), and a list of new applications submitted.

About the committee

The Central Health and Disability Ethics Committees (HDEC) is a Ministerial committee established under section 87 of the [Pae Ora \(Healthy Futures\) Act 2022](#). Its members are appointed by the Minister of Health through the public appointments process.

The primary function of the Committee is to provide independent ethical review of health research and innovative practice in order to safeguard the rights, health and wellbeing of consumers and research participants and, in particular, those persons with diminished autonomy by checking that it meets or exceeds established [ethical standards](#).

Approvals and registrations

The Southern HDEC is approved by the Health Research Council Ethics Committee for the purposes of section 25(1)(c) of the [Health Research Council Act 1990](#).

The Southern HDEC is registered (number IRB00008713) with the United States' [Office for Human Research Protections](#). This registration enables the committee to review research conducted or supported by the US Department of Health and Human Services.

Chairperson's report

This report presents a collective overview of the work of the Health and Disability Ethics Committees (HDECs) for the year ending 30 June 2025.

Over the reporting period, the HDECs have continued to operate effectively and in accordance with the Health Research Council (HRC) expectations and the National Ethical Standards. Despite ongoing pressures, the Committees have remained committed to providing robust and fit-for-purpose ethical review of health and disability research in New Zealand.

At various points during the year, some committees experienced challenges with member numbers and recruitment, particularly for non-lay members with specific clinical expertise. However, a non-lay recruitment round in June 2025 hopes to address the difficulties with member numbers. Prior to this recruitment members regularly co-opted to support quorum requirements, assist with workloads, and undertake post-approval reviews. This shared approach has been essential to maintaining continuity and consistency of decision-making across the system.

Committee members collectively bring a broad range of expertise and experience. Over the year, the HDECs have continued to engage constructively with research organisations and sponsors to improve understanding of ethical requirements, particularly the application of the National Ethical Standards to study design, consent processes, participant protections, and document submission expectations. While progress has been made, there remains variable awareness among researchers of the guidance, templates, and resources available through the HDEC website, and continued education in this area would be beneficial.

A consistent focus of ethical review has been the quality of participant information and informed consent. Committees have continued to scrutinise overly long or complex information sheets, encourage the use of participant-friendly formats, and require clear distinction between research activities and standard clinical care in New Zealand. Risks are expected to be accurately described and benefits not overstated, including avoiding the use of therapeutic language for investigational or experimental interventions.

The volume and complexity of applications remain high, reflecting the strength of the New Zealand research environment and its ongoing attractiveness to international sponsors. To maintain this appeal, and to be sure that the benefits of research remain in New Zealand the Chairs note that it is important to continue to invest public good funding into a research-ready workforce and NZ-initiated projects. Attendance by researchers and sponsors at meetings has been increasingly common and is strongly valued, as it supports meaningful ethical dialogue and efficient resolution of issues. At the same time, the workload associated with full committee review remains significant, particularly in an online meeting environment. Consideration of refinements to review pathways, or revisions of the current HDEC SOP, may assist in managing volumes while maintaining ethical rigour.

Rapid scientific and technological developments continue to shape the ethical landscape. Applications involving artificial intelligence, algorithm development, and advanced data use are increasing. Ensuring that such research is appropriately captured within HDEC review and governance structures remains an emerging challenge.

Throughout the year, Chairs have continued to meet regularly, providing an important forum for sharing knowledge, aligning practice, and receiving updates from the Secretariat.

Strengthened relationships with advisory and assessment bodies, as well as opportunities for practical training and development for members, would further support consistent and high-quality ethical review in an increasingly complex research environment.

The work of the HDECs would not be possible without the dedication of the Secretariat. The Secretariat has continued to provide high-quality advice, coordination, and support under significant resourcing constraints and ongoing uncertainty. With a small team supporting a large membership and substantial application volumes, their professionalism, expertise, and commitment have been critical to the effective functioning of the committees. Adequate and sustainable resourcing of this support remains essential.

Finally, sincere thanks are extended to all committee members, who balance substantial ethics workloads alongside their professional roles, and to the sponsors, researchers, and coordinators who engage constructively with the ethical review process. Their commitment to scientific integrity, respectful engagement, and high ethical standards contributes to New Zealand's reputation as an excellent place to conduct health and disability research.

The HDECs look forward to continuing this work in the coming year, in support of ethical research that advances the health and wellbeing of all New Zealanders.

Applications reviewed

Summary of applications received by full EC.

No. of applications approved at first review	0
No. of applications approved subject to conditions	18
No. of applications where further information was requested prior to granting approval	41
No. of applications deferred/asked to resubmit and subsequently approved	38
No. of applications currently seeking further information/deferred/asked to resubmit as at time of this report	0
No. of applications declined	17
No. of applications which do not require ethics committee approval	767
No. of applications withdrawn by researcher	3
No. of applications terminated by sponsor	0
No. of applications transferred to another EC	0
Total number of applications received by full EC	79

Summary of applications received under expedited / low risk review.

(All outcomes refer to outcome of first review.)

No. of applications approved	0
No. of applications approved subject to conditions / seeking further information / pended / asked to resubmit	93
No. of applications which do not require ethics committee approval	767
No. of applications referred for full committee review	3
No. of applications declined	13
Total number of applications received under expedited / low risk review	109

Total number of applications received.

188

Complaints and overdue application summary

This section outlines complaints about decisions made by the Committee during 2024.

Complaints received

Received 29/05/2025:

Complaint from participant who indicated that consent was given by partner/whānau not themselves. The noted that Partners/whānau are only mentioned as people to discuss this study with or to support the decision to consent, not as substitute consenters. The Chair was notified and confirmed that we did not receive any protocol deviations while the study was open, for this specific incident or otherwise. At the time of the complaint the study had been closed and little action could be made from HDEC. This complaint highlighted the responsibilities for research staff and the detail in which protocol documents need to describe consenting practices. Moving forward the HDEC can apply understandings from this study and incident to future research involving the same, or similar, participant groups. Extra considerations around consent process in the study protocols can be taken during HDEC review.

Received 25/02/2025:

A complaint was received by a trial participant who believed they were wrongly withdrawn from a study. The Secretariat reached out to the study team to understand the circumstances of the participant's termination of study participation. Correspondence with the study team clarified that termination of study participation was within exclusion criteria and research teams remit. HDEC Concluded that there has not been an ethical breach of the NEAC standards and that the study team were operating within their approved study protocol.

Received 11/03/2025:

A complaint was received regarding an individual who had booked flights before payment by the research team as the complainant no longer wanted to participate if they were to be in a randomised double-blind trial with no guarantee of receiving the intervention. The complainant cannot get a refund on flights booked in 2021. HDEC Concluded that there has not been an ethical breach of the NEAC standards and that the study team were operating within their approved study protocol.

Received 05/11/2024:

A complaint was received by a trial participant who believed they were mistreated during their time on the study. The Study team was contacted regarding the complaint and disputed the complainants account of mistreatment. HDEC determined that contacting the HDC was the best pathway for this complainant and responded with this to the complainant.

Received 17/09/2024:

The complaint outlines the participants concerns about the pre-screening process, training of staff performing the pre-screening and subsequent vaccination, believed to be part of the study. The participant felt distressed and is concerned that the vaccinations might cause health risks or interfere with their contraception. The Participant was assured by their Dr that the vaccine administered is approved for use. HDEC contacted the study team to clarify and confirm if there are any planned updates to their process because of the complaint. The study team provided several possible opportunities for improvement because of this complaint. HDEC responded to the complainant and indicated they could contact HDC advocacy for further support.

Received 26/06/2024:

The complaint was made to HDEC regarding concerns around the omission of a death from a study publication. The complainant explained that they believe that protocol changes, following a pause in the study and ethical review, have been used to retrospectively exclude this patient from the trial and publication. HDEC determined that the study team had notified

HDEC of the death and followed correct processes. HDEC await the final report of the study which would allow the Chair to discuss the concerns and find reassurance or raise further ethical concerns.

Timeliness review

Average review times take into account the time taken for the Secretariat to process applications and the time taken for the Committee to review applications. The clock is stopped when a decision letter is emailed to applicants. Average review times exclude time taken for researchers to respond to requests for further information. Researchers have up to 90 days to respond.

Average review time was 22 days for expedited applications. Target timeframe for expedited applications is 15 calendar days (Standard Operating Procedures for Health and Disability Ethics Committees, para 9-102). The reason for this average being higher than the target was due to limited resourcing, Secretariat delays in being able to process the letters following review by the sub-committee, and the busy schedule of the Chair which limits their availability to complete reviews.

Average review time was 37 days for full applications. Target timeframe for full applications is 35 days. (Standard Operating Procedures for Health and Disability Ethics Committees, para 54-59). The reason for this average being higher than the target was due to limited resourcing, Secretariat delays in being able to process the letters following review, and the busy schedule of Provisional Approval reviewers which impacts their availability to complete reviews.

Appendix 1: Details of applications reviewed¹

SECTION 9: DETAILS OF APPLICATIONS

Reference no.	Protocol title	Name of principal investigator	Date received	Date of first review	Outcome of first review	Status at time of report	Date of final outcome	Indicate if HRC funded (
2025 EXP 20600	Augmented breathing and stress, anxiety, depression, and sleep	Dr Imran Khan Niazi	11/10/2024	13/11/2024	Provisionally Approved	Approved	2/05/2025	No
2025 FULL 21177	COG ARAR2221	Dr Tristan Pettit	4/12/2024	10/03/2025	Provisionally Approved	Approved	2/07/2025	No
2024 FULL 21157	EPI-321-02: Phase 1/2 Study of EPI-321 in FSHD	Dr Richard Roxburgh	18/10/2024	11/12/2024	Provisionally Approved	Approved	4/03/2025	No
2024 FULL 21225	A Phase 1a/1b Study Investigating the Safety, Tolerability, Pharmacokinetics, Pharmacodynamics, and Antitumor Activity of BG-60366 in Patients With EGFR-Mutant Non-Small Cell Lung Cancer	Dr Gareth Rivalland	6/09/2024	14/10/2024	Provisionally Approved	Approved	19/02/2025	No
2025 FULL 20242	Brace vs Observation Randomised Control Trial for Developmental Hip Dysplasia	Dr Nikki Hooper	20/12/2024	3/03/2025	Provisionally Approved	Approved	4/06/2025	No
2025 FULL 21658	Zolar	Dr Remy Lim	17/01/2025	10/03/2025	Provisionally Approved	Approved	14/05/2025	No
2025 FULL 21606	VOLT ACL Study : Intraosseous Regional Administration of Diclofenac in Anterior Cruciate Ligament Reconstruction	Associate Professor Simon Young	15/01/2025	10/03/2025	Provisionally Approved	Approved	24/04/2025	No
2024 FULL 20122	COG APEC1621F	Dr Karen Tsui	15/08/2024	13/11/2024	Provisionally Approved	Approved	11/12/2024	No
2025 FULL 22102	Guiding energy provision using indirect Calorimetry - DIRECT trial_ Revised	Ms Varsha Asrani	30/12/2024	3/03/2025	Provisionally Approved	Approved	23/04/2025	No
2025 FULL 21812	Topical Gel for Tophaceous Gout.	Professor Nicola Dalbeth	20/12/2024	3/03/2025	Provisionally Approved	Approved	6/05/2025	No

¹ Data is directly reported from the online system. Any errors in spelling is reflected due to errors made by the applicant.

2025 FULL 21507	BO45287:A study to look at mosunetuzumab in combination with pirtobrutinib in people with chronic lymphocytic leukaemia (CLL) or small lymphocytic lymphoma (SLL)	Dr Sophie Leitch	27/12/2024	3/03/2025	Provisionally Approved	Approved	9/05/2025	No
2024 EXP 19453	Mechanical Testing of Endometriosis Tissue	Dr Rachael Wood	22/07/2024	1/10/2024	Provisionally Approved	Approved	27/01/2025	No
2024 FULL 22032	A Study of Safety and Efficacy of FB102 in Adults with Vitiligo	Dr Purnima Olu De Rozario	19/12/2024	3/03/2025	Approved	Approved	3/03/2025	No
2024 FULL 20793	Sunday Trial	Mr Manar Khashram	5/09/2024	14/10/2024	Provisionally Approved	Approved	20/01/2025	No
2025 FULL 22164	Making my own decisions about my health and wellbeing	Associate Professor Brigit Mirfin-Veitch	15/01/2025	10/03/2025	Provisionally Approved	Approved	1/08/2025	Yes
2024 FULL 21475	VIR-CHDV-V203: A Study to Evaluate Tobevibart+Elebsiran in Chronic HDV Infection (ECLIPSE 1).	Professor Edward Gane	21/12/2024	3/03/2025	Approved	Approved	3/03/2025	No
2024 FULL 20733	CIC-E-303: Phase 3 Lot Consistency Study of COVID-19 and Influenza Combination Vaccine	Dr Sarah (Polly) Bradford	10/07/2024	8/08/2024	Provisionally Approved	Approved	4/10/2024	No
2024 EXP 21357	Paediatric Head and Neck Rhabdomyosarcoma: a nationwide retrospective study in New Zealand	Dr Chelsea Heaven	9/10/2024	8/11/2024	Provisionally Approved	Approved	27/01/2025	No
2025 FULL 21831	Behaviour analytic understandings of misremembering in adults with Major Neurocognitive Disorder	Dr Rebecca Sharp	9/01/2025	3/03/2025	Provisionally Approved	Approved	17/03/2025	No
2024 FULL 21390	A Study to Evaluate the Safety and Efficacy of ENV-101 in Patients with Lung Fibrosis	Dr Andrew Veale	3/10/2024	13/11/2024	Provisionally Approved	Approved	19/12/2024	No
2025 FULL 20474	Exploring the neurophysiological effects of chiropractic care: a feasibility study	Dr Angus McMorland	7/01/2025	3/03/2025	Provisionally Approved	Approved	21/03/2025	No
2025 FULL 22256	DEXTROMETHORPHAN PLUS BUPROPION FOR TREATMENT-RESISTANT DEPRESSION – DOES ADDING BEHAVIOURAL ACTIVATION THERAPY IMPROVE OUTCOMES?	Prof Paul Glue	2/04/2025	5/05/2025	Provisionally Approved	Approved	9/07/2025	No
2024 EXP 21876	Paediatric Inflammatory Bowel Disease in New Zealand (PINZ): an update on incidence and point prevalence (2)	Dr Robert Lopez	22/11/2024	17/12/2024	Provisionally Approved	Approved	24/01/2025	No
2025 FULL 22406	The CPS trial (Revision 1)	Dr Saad Anis	9/04/2025	5/05/2025	Provisionally Approved	Approved	4/09/2025	No
2025 EXP 22987	Acoustic therapy for better breathing: Helping patients with nasal congestion	Dr Kelvin Lau	15/05/2025	7/07/2025	Provisionally Approved	Approved	25/07/2025	No

2024 FULL 20808	INTERFANT-21	Dr Siobhan Cross	5/09/2024	14/10/2024	Provisionally Approved	Approved	10/12/2024	No
2025 EXP 20986	Parentsâ€™ experience of Family-Based Treatment for East Asian adolescents with Anorexia Nervosa in New Zealand	Dr Hannah Suh	27/09/2024	13/11/2024	Provisionally Approved	Approved	24/01/2025	No
2025 FULL 22020	Upper respiratory tract carriage study	Prof Philip Hill	20/12/2024	29/01/2025	Provisionally Approved	Approved	7/03/2025	No
2025 FULL 20595	Reducing cardiac risk in outpatients with serious mental illness	Dr Mayanna Lund	17/02/2025	14/04/2025	Declined	Declined	14/04/2025	No
2025 EXP 22921	Feasibility study of lung function testing methods using uncued spontaneous breathing	Dr Ella Guy	29/04/2025	24/06/2025	Declined	Declined	24/06/2025	No
2025 EXP 21801	CPPD Disease Cohort Study	Professor Nicola Dalbeth	6/05/2025	24/06/2025	Provisionally Approved	Approved	8/07/2025	Yes
2025 EXP 23071	Reducing cardiac risk in outpatients with serious mental illness: Feasibility of cardiovascular risk assessment in outpatients with serious mental illness	Dr Mayanna Lund	11/06/2025	6/08/2025	Provisionally Approved			No
2024 FULL 21346	A Study Investigating the Efficacy and Safety of Intravitreal Injections of ANX007 in Participants with Geographical Atrophy.	Dr Anthony Wells	26/09/2024	13/11/2024	Provisionally Approved	Approved	10/12/2024	No
2024 FULL 21331	BG-68501-101: A Study to Examine the Safety of Different Doses of BG-68501 Given to Participants with Advanced-Stage Tumors	Dr Michelle Wilson	4/10/2024	13/11/2024	Provisionally Approved	Approved	12/12/2024	No
2025 FULL 22320	A Study to evaluate ONP-002 in adults with Mild Traumatic Brain Injury	Professor Martin Than	7/04/2025	5/05/2025	Provisionally Approved	Approved	12/06/2025	No
2025 EXP 22994	Evaluating the impact of different tear supplements on the eye	Professor Jennifer Craig	8/05/2025	24/06/2025	Provisionally Approved	Approved	1/09/2025	No
2024 FULL 20752	A Clinical Study to Assess the Safety and Effectiveness of Toviontrine in Patients With Chronic Heart Failure.	Dr James Pemberton	9/08/2024	12/09/2024	Provisionally Approved	Declined	13/11/2024	No
2024 EXP 21055	The ASTRA Study	Professor Peter Gilling	28/08/2024	14/10/2024	Provisionally Approved	Approved	22/10/2024	No
2025 FULL 22075	A study in healthy women comparing Mi-Gel® and estriol gel applied topically for 6 consecutive days.	Dr Noelyn Hung	16/01/2025	10/03/2025	Approved	Approved	10/03/2025	No
2025 FULL 21519	A study in healthy women comparing Mi-Gel® and amitriptyline gel applied topically for 6 consecutive days.	Dr Noelyn Hung	16/01/2025	10/03/2025	Approved	Approved	10/03/2025	No
2025 EXP 22626	Can social support reduce the impact of stress on gastric functioning?	Dr Elizabeth Broadbent	2/05/2025	24/06/2025	Declined	Declined	24/06/2025	No

2025 FULL 23068	A Study of a Potential Disease Modifying Treatment in Individuals at Risk for or With a Type of Early Onset AD Caused by a Genetic Mutation	Dr Campbell Le Heron	15/05/2025	24/06/2025	Provisionally Approved	Approved	5/08/2025	No
2025 FULL 22861	849-007 (KRYSTAL 7)	Dr Malcolm Anderson	15/05/2025	24/06/2025	Provisionally Approved	Approved	25/08/2025	No
2025 FULL 21267	A team approach for tamariki with feeding difficulties	Dr. Sarah Leadley	18/01/2025	10/03/2025	Declined	Declined	10/03/2025	No
2024 FULL 19106	COG APEC1621SC	Dr Karen Tsui	24/07/2024	12/09/2024	Approved	Approved	12/09/2024	No
2024 FULL 20874	Agility First in Human Clinical Study	Dr Andrew Holden	25/09/2024	13/11/2024	Approved	Approved	13/11/2024	No
2025 FULL 20610	Comparing two weight-based hypoglycaemia treatment protocols in children and teenagers using insulin pumps at the 2026 diabetes camp.	Mr Lindsay McTavish	5/11/2024	10/03/2025	Declined	Declined	10/03/2025	No
2025 EXP 22767	Living Well with Memory and Thinking Changes in Aotearoa NZ study	Professor Ngaire Kerse	6/05/2025	24/06/2025	Declined	Declined	24/06/2025	Yes
2024 FULL 21233	EPI-003-001: A Phase 1 Study to Evaluate EPI-003 in People with Chronic Hepatitis B	Dr Jing Hieng (Jeffery) Ngu	2/10/2024	13/11/2024	Provisionally Approved	Approved	26/11/2024	No
2025 FULL 21985	The Effect of Retatrutide Once Weekly on Cardiovascular Outcomes and Kidney Outcomes in Adults Living with Obesity	Dr. Kalpa Jayanatha	21/01/2025	10/03/2025	Declined	Declined	10/03/2025	No
2025 EXP 22931	Exposure and health of workers on the Accelerated Silicosis Assessment Pathway	Dr Amanda Eng	30/04/2025	24/06/2025	Provisionally Approved	Approved	1/08/2025	No
2025 FULL 22899	The effect of home and hospital mask designs on respiratory variables in healthy volunteers: A pilot clinical investigation	Dr William Good	14/05/2025	24/06/2025	Provisionally Approved	Approved	2/09/2025	No
2024 EXP 20921	Betadine washout during orthopaedic surgery	Dr Thomas Haig	24/07/2024	14/10/2024	Approved	Approved	14/10/2024	No
2024 FULL 21190	PBGENE-HBV-01: A Study to Evaluate PBGENE-HBV in Adults with Chronic Hepatitis B	Professor Edward Gane	27/09/2024	13/11/2024	Approved	Approved	13/11/2024	No
2025 EXP 22122	AI (artificial intelligence) analysis for adult sleep studies	A/Prof Angela Campbell	8/05/2025	24/06/2025	Declined	Declined	24/06/2025	No
2024 EXP 20203	A new tool to assess the ability of the legs	Physiotherapist Ben Darlow	30/08/2024	1/10/2024	Provisionally Approved	Approved	18/10/2024	Yes
2025 FULL 21100	A Phase3 Study of Elranatamab+Daratumumab+Lenalidomide or Elranatamab+Lenalidomide vs Daratumumab+Lenalidomide+Dexamethasone in Transplant-Ineligible Participants with Newly-Diagnosed Multiple Myeloma	Doctor Niranjan Rathod	13/11/2024	11/12/2024	Provisionally Approved	Approved	17/03/2025	No
2025 FULL 21628	NICU patient responses to oxygen therapy	Dr Daniel MacKay	23/01/2025	10/03/2025	Declined	Declined	10/03/2025	No

2025 EXP 22845	Hypertension: a modifiable risk factor in patients with aortic dissection	Associate Professor Nishith Patel	22/05/2025	7/07/2025	Declined	Declined	7/07/2025	No
2025 EXP 22833	Continuous Glucose Monitors to measure carbohydrate breakdown and glucose absorption	Dr Suzanne Hodgkinson	26/05/2025	4/07/2025	Provisionally Approved	Approved	6/08/2025	No
2024 EXP 20981	A Feasibility Study to measure response of the Lung	Mrs Sarla Kumari	13/08/2024	27/09/2024	Declined	Declined	27/09/2024	No
2024 EXP 21448	A Qualitative analysis of rural general surgical outreach clinics in Hawkes Bay	Dr Sarah Cowan	23/09/2024	18/10/2024	Provisionally Approved	Approved	8/11/2024	No
2024 FULL 20841	The STUNNED Heart study	dr jocelyne benatar	17/09/2024	13/11/2024	Declined	Declined	13/11/2024	No
2024 EXP 21273	The effect of mask design on transcutaneous carbon dioxide in healthy volunteers: A pilot clinical investigation	Dr William Good	16/10/2024	15/11/2024	Provisionally Approved	Approved	17/12/2024	No
2025 EXP 22391	Amanaki STEM Academy(ASA) Heart Health Study in Pasifika community	Dr Fiona McBryde	22/05/2025	2/07/2025	Provisionally Approved	Approved	11/07/2025	No
2024 FULL 21297	LumAssure Raman Device collection of skin condition data	Dr Michel Nieuwoudt	8/09/2024	14/10/2024	Provisionally Approved	Approved	12/11/2024	No
2025 EXP 21744	Optimise Study	Dr Laird Cameron	28/11/2024	28/01/2025	Provisionally Approved	Approved	20/02/2025	Yes
2025 EXP 21804	Motor Neurone Disease (MND) Survey	Dr Natalie Gauld	9/01/2025	4/02/2025	Provisionally Approved	Approved	20/02/2025	Yes
2025 EXP 22153	Non-invasive Measurement of Colonic Function	Dr. James Penfold	3/03/2025	2/04/2025	Provisionally Approved	Approved	6/05/2025	Yes
2025 FULL 22351	Sacituzumab Tirumotecan Alone or in Combination with Pembrolizumab versus Treatment of Physician's Choice in Participants with advanced Triple Negative Breast Cancer	Dr. Soizick Mesnage	10/03/2025	14/04/2025	Provisionally Approved	Approved	13/05/2025	No
2025 EXP 21429	Evaluating HapÅ« MÄmÄ Perspectives of the Best Start Model of Care	Dr. Katie McMenamin	22/03/2025	23/04/2025	Provisionally Approved	Approved	16/05/2025	Yes
2025 EXP 21016	Relationships between exercise behavior and cancer-related fatigue in women living with metastatic breast cancer	Dr Stacey Reading	10/01/2025	20/02/2025	Approved	Approved	20/02/2025	No
2025 FULL 20167	Comparing MRI and CT for detection of bony injuries after traumatic shoulder dislocation	Dr Daniel Lee	24/02/2025	2/04/2025	Provisionally Approved	Approved	8/05/2025	No
2024 FULL 20434	COG ANBL2131	Dr Andrew Wood	10/07/2024	8/08/2024	Provisionally Approved	Approved	2/09/2024	No
2024 EXP 21159	Beta activity and DBS	Dr Amanda Paterson	21/08/2024	31/10/2024	Provisionally Approved	Approved	26/11/2024	No

2024 EXP 19976	Smart Start: Bringing manaakitanga to appointment letters	Professor Lisa Te Morenga	9/07/2024	5/08/2024	Provisionally Approved	Approved	19/08/2024	Yes
2024 FULL 21060	3133003: CHRONOS - ODM-111 in chronic osteoarthritic knee pain	Dr Joanne Finlay	5/09/2024	14/10/2024	Provisionally Approved	Withdrawn by Researcher	5/03/2025	No
2024 FULL 21053	3133004: CHRONDI - ODM-111 in chronic diabetic peripheral neuropathy pain	Dr Joanne Finlay	5/09/2024	14/10/2024	Provisionally Approved	Withdrawn by Researcher	5/03/2025	No
2025 EXP 21457	Identifying mechanisms in atrial fibrillation	Professor Johanna Montgomery	12/03/2025	7/04/2025	Provisionally Approved	Approved	29/05/2025	No
2025 EXP 22512	How Chiropractic Care Affects Gene expression in People with Chronic Lower Back Pain	Dr Imran Amjad	27/03/2025	23/04/2025	Provisionally Approved	Declined	6/05/2025	No
2024 EXP 21722	Improving the tear film in space and beyond; patient applied treatments (PAT)	Professor Jennifer Craig	31/10/2024	26/11/2024	Provisionally Approved	Approved	17/12/2024	No
2025 EXP 21416	Hospitalisation and mortality due to cardiovascular disease in rheumatoid arthritis - a retrospective cohort study	Doctor Hamish Farquhar	6/11/2024	28/01/2025	Provisionally Approved	Approved	20/02/2025	No
2025 FULL 22441	Head cooling in ischaemic stroke patients undergoing endovascular thrombectomy: a phase 2 randomised controlled trial (COOLHEAD-2b)	Professor Alan Barber	7/03/2025	14/04/2025	Declined	Declined	14/04/2025	No
2025 FULL 22537	A team approach for tamariki with eating difficulties	Dr. Sarah Leadley	2/04/2025	5/05/2025	Provisionally Approved	Approved	13/05/2025	No
2025 FULL 22420	The 4F study - fibre-fortified foods & fluids for Aged Residential Care (ARC) in Aotearoa New Zealand	Dr Sue MacDonell	24/04/2025	29/05/2025	Provisionally Approved	Approved	12/06/2025	No
2025 EXP 21081	Are blood cultures taken from an arterial line as good as blood cultures taken from a peripheral venous sample to diagnose sepsis in patients in the intensive care unit?	Dr Chris Hands	2/06/2025	1/08/2025	Provisionally Approved	Declined	2/09/2025	No
2025 EXP 23291	WIND-PSC Study	Dr Hannah Giles	12/06/2025	8/07/2025	Provisionally Approved	Approved	25/08/2025	No
2024 EXP 21432	Does breast MRI overestimate tumour size?	Dr Celina Ledgard	28/10/2024	21/11/2024	Provisionally Approved	Approved	5/12/2024	No
2025 EXP 21954	Global FEMUR Study: Fracture Management and Outcomes	Dr Andrew Powell	20/01/2025	26/02/2025	Declined	Declined	26/02/2025	No
2025 EXP 22015	Olfactory Enrichment	Dr Niamh Patterson	20/01/2025	26/02/2025	Declined	Declined	26/02/2025	No
2025 FULL 22936	AQUA Pilot Trial	Professor Paul Young	11/06/2025	7/07/2025	Provisionally Approved	Approved	21/07/2025	No

2024 EXP 21344	Paediatric Inflammatory Bowel Disease in New Zealand (PINZ) Study: an update on incidence and point prevalence	Dr Robert Lopez	10/09/2024	1/10/2024	Provisionally Approved	Declined	15/11/2024	No
2024 EXP 21652	Anastomotic leak check prior to ileostomy reversal	Dr Jesse Fischer	29/10/2024	21/11/2024	Provisionally Approved	Approved	17/12/2024	No
2025 EXP 21000	predictors of home-based dialysis versus centre-based dialysis, in patients starting long-term renal replacement therapy with a haemodialysis catheter.	Dr Sharafuddin Shah Bin Rhasbudin Shah	2/01/2025	28/01/2025	Provisionally Approved	Approved	10/02/2025	No
2025 EXP 22633	Olfactory Enrichment	Dr Niamh Patterson	11/04/2025	6/05/2025	Provisionally Approved	Approved	6/08/2025	No
2025 FULL 22851	Understanding the online delivery of Cognitive Stimulation Therapy: Perspectives from people with dementia, their families and communities	Associate Professor Gary Cheung	10/06/2025	7/07/2025	Provisionally Approved	Approved	1/08/2025	No
2024 FULL 21454	Access to health care for chest infections in preschool aged children	Professor Cameron Grant	2/10/2024	8/11/2024	Provisionally Approved	Approved	10/12/2024	No
2025 FULL 21695	Extended-release Thioguanine Study	Professor Murray Barclay	12/11/2024	11/12/2024	Provisionally Approved	Approved	27/01/2025	No
2025 EXP 21924	Evaluating APAP Device for Sleep Apnoea Treatment	Miss Chloe Flinn	2/12/2024	18/12/2024	Provisionally Approved	Approved	22/01/2025	No
2025 EXP 22866	Insomnia and Sleep Apnoea	Doctor Rebecca Lyons	7/05/2025	6/06/2025	Provisionally Approved	Approved	30/06/2025	No
2025 EXP 21147	Cultured Corneal Endothelial Cells for Endothelial Failure	Dr Sheng Chiong Hong	18/10/2024	6/05/2025	Declined	Declined	6/05/2025	Yes
2024 FULL 21607	EIK1001-006:A Phase 2/3 Study to evaluate safety and efficacy of EIK1001-006 in Combination with Pembrolizumab versus Placebo and Pembrolizumab as First-Line Therapy in Patients with Advanced Melanoma	Dr Gareth Rivalland	7/11/2024	11/12/2024	Approved	Approved	11/12/2024	No
2025 EXP 21422	Primary Sclerosing Cholangitis in Canterbury, New Zealand	Dr Samantha Benson-Pope	20/11/2024	17/12/2024	Provisionally Approved	Approved	26/02/2025	No
2024 EXP 21381	Food processing, formulation, and inherent differences in composition on acute blood glucose control in adults with type 2 diabetes: randomised crossover study	Dr Andrew Reynolds	2/10/2024	31/10/2024	Provisionally Approved	Approved	4/11/2024	No
2025 EXP 21865	The link of Periodontitis to the Systemic Health of the Māori and Pacific Populations with emphasis on Diabetes Mellitus, Rheumatoid Arthritis	Associate Professor Tino Mercado	5/12/2024	18/12/2024	Provisionally Approved	Approved	27/01/2025	No
2025 FULL 22108	Aplastic Anaemia and Other Bone Marrow Failure Syndromes Registry (AAR)	Dr Nathanael Lucas	12/03/2025	14/04/2025	Declined	Declined	14/04/2025	No

2024 EXP 21468	Gastric bioelectrical activity and health metrics correlation study in gastroduodenal disorders	Associate Professor Peng Du	27/09/2024	18/10/2024	Provisionally Approved	Approved	2/12/2024	Yes
2025 FULL 22321	ORKA-002-211: A Study to Evaluate ORKA-002 in Healthy Volunteers Following A Single Dose.	Dr Chris Wynne	13/03/2025	14/04/2025	Approved	Approved	14/04/2025	No
2025 FULL 23059	Children's SABA Use Study	Dr. Rowan Biggs	5/06/2025	7/07/2025	Declined	Declined	7/07/2025	No
2024 FULL 20044	INTER-EWING-1	Dr Mark Winstanley	12/08/2024	12/09/2024	Approved	Approved	12/09/2024	No
2024 FULL 20486	WHISTLE-PF Trial	DR Andrew Veale	12/08/2024	12/09/2024	Declined	Declined	12/09/2024	No
2024 FULL 19942	LumAssure Raman Device data collection of skin conditions	Dr Michel Nieuwoudt	12/08/2024	12/09/2024	Declined	Declined	12/09/2024	No
2025 FULL 22547	LTG-OBS-103 (Ivy): A Study to Evaluate Pain Tolerance Effects of Suzetrigine in Healthy Male Adults	Dr Hamish Prosser	4/04/2025	5/05/2025	Approved	Approved	5/05/2025	No
2025 FULL 18995	3D printed medical device to treat precancerous cervical lesions	Dr. Adel Mekhail	4/04/2025	5/05/2025	Declined	Declined	5/05/2025	No
2025 FULL 22378	Haumanu Whakaohoho Whakaaro Māori Āwhiri. Maori perspectives on cognitive stimulation therapy over zoom for kaumatua with mate wareware.	Dr Tai Kake	10/06/2025	7/07/2025	Provisionally Approved	Approved	1/08/2025	Yes
2024 FULL 20847	A clinical study to determine the safety of study drug EP-104IAR, and how well it works, in adults with eosinophilic esophagitis.	Dr Tien Huey Lim	13/08/2024	12/09/2024	Approved	Approved	12/09/2024	No
2024 FULL 20025	Glo-BNHL	Dr Timothy Prestidge	13/08/2024	12/09/2024	Approved	Approved	12/09/2024	No
2024 EXP 20782	Postoperative ileus in laparoscopic vs open hysterectomy for endometrial cancer	Dr Andrew MacGibbon	13/08/2024	12/09/2024	Approved	Approved	12/09/2024	No
2024 EXP 19852	Distal femoral fractures - impact of time to surgery on outcomes	Dr Jae Hong Ryu	22/08/2024	27/09/2024	Approved	Approved	27/09/2024	No
2025 EXP 21214	Exploring the health benefits of sauna bathing - a pilot study	Dr Anna Rolleston	25/10/2024	28/01/2025	Provisionally Approved	Approved	20/02/2025	Yes
2024 FULL 20653	Evaluation of a Simple-Prep Controlled Embolic	Dr Andrew Holden	10/07/2024	8/08/2024	Approved	Approved	8/08/2024	No
2024 EXP 20669	Development of novel functional patient reported outcome measure for pelvic floor surgery	Dr Eva Fong	1/08/2024	12/08/2024	Provisionally Approved	Approved	5/09/2024	No
2024 EXP 21167	Understanding fracture management and mortality rate in patients with femoral fractures.	Dr Andrew Powell	15/10/2024	13/11/2024	Declined	Declined	13/11/2024	No
2024 FULL 21720	ABI-6250-101: A Study to Evaluate ABI-6250 in Healthy Participants	Prof. Edward Gane	12/11/2024	11/12/2024	Approved	Approved	11/12/2024	No

2024 FULL 21683	TPST-1120-301: A Study to Evaluate TPST-1120 in Combination with Atezolizumab Plus Bevacizumab in Patients with Unresectable or Metastatic HCC Not Previously Treated with Systemic Therapy	Dr Jeffrey Ngu	12/11/2024	11/12/2024	Approved	Approved	11/12/2024	No
2024 EXP 21746	The Long-term Rates of Incisional Hernia after Open Abdominal Aortic Aneurysm Repair	Dr Maximilian Joret	13/11/2024	2/12/2024	Provisionally Approved	Approved	12/12/2024	No
2025 EXP 23090	What Happens to Genes When People with Chronic Back Pain Receive Chiropractic care?	Dr Imran Amjad	14/05/2025	12/06/2025	Approved	Approved	12/06/2025	No
2024 EXP 20856	Straight Up: A platform to treat head and neck pain	Dr Sarah Ward	16/09/2024	9/10/2024	Provisionally Approved	Approved	31/10/2024	No
2024 FULL 20508	The CPS trial	DR SAAD ANIS	31/10/2024	11/12/2024	Declined	Declined	11/12/2024	No
2024 FULL 21431	Corticosteroids for Biphasic Reactions in Anaphylaxis - COBRA	Dr Adrian Owen	6/11/2024	11/12/2024	Declined	Declined	11/12/2024	No
2024 EXP 19739	Cognitive skills in attendees of a TIA follow-up clinic	Dr. Carolyn Wilshire	17/12/2024	14/01/2025	Approved	Approved	14/01/2025	No
2024 EXP 21576	Does head turning improve sound localisation?	Dr Rachael Taylor	18/12/2024	15/01/2025	Approved	Approved	15/01/2025	No
2025 EXP 22679	Incidence and Outcomes of Pulmonary Metastases in Soft Tissue Sarcomas.	Dr Andrew R Johnston	19/05/2025	12/06/2025	Provisionally Approved	Approved	4/08/2025	No
2024 EXP 21075	Exercise oscillatory ventilation during steady state exercise in heart failure	Mr Jordan Merritt	3/09/2024	4/11/2024	Declined	Declined	4/11/2024	No
2025 FULL 22653	HB0043-HV-01-01: A Study to Assess HB0043 in Healthy Participants	Dr Millie Wang	8/04/2025	5/05/2025	Approved	Approved	5/05/2025	No
2025 FULL 22285	A Study of a Potential Disease Modifying Treatment in Individuals at Risk for or With a Type of Early Onset AD Caused by a Genetic Mutation	Dr Campbell Le Heron	8/04/2025	5/05/2025	Declined	Declined	5/05/2025	No
2024 EXP 21026	Use of a new pupilometer: Open source and locally manufactured	Dr Jesse Gale	25/08/2024	1/10/2024	Provisionally Approved	Approved	18/10/2024	No
2025 EXP 22234	Prediction of colonoscopy difficulty with assessment of abdominal body composition metrics using computed tomography imaging.	Dr Tama Robertson	17/06/2025	8/07/2025	Provisionally Approved	Approved	13/08/2025	No
2024 EXP 21224	Mapping molecular changes in cartilage and analysis of synovial fluid associated with osteoarthritis	Associate Professor Susan McGlashan	1/11/2024	26/11/2024	Approved	Approved	26/11/2024	No
2025 EXP 21988	Prokinetics Study	Doctor Charlotte Daker	4/02/2025	26/02/2025	Provisionally Approved	Approved	4/04/2025	No
2025 EXP 21809	Rothmund-Thomson Syndrome induced Sarcoma: A retrospective review of incidence and risk factors affecting New Zealanders over the last 44 years (1980 to 2024)	Dr Andrew R Johnston	7/04/2025	2/05/2025	Approved	Approved	2/05/2025	No

2025 FULL 23200	Aplastic Anaemia and Other Bone Marrow Failure Syndromes v2.0	Dr Nathanael Lucas	12/06/2025	7/07/2025	Declined	Declined	7/07/2025	No
2024 EXP 21165	Mol-Histo GBM Study	Professor Giles Critchley	26/09/2024	9/10/2024	Provisionally Approved	Approved	2/12/2024	No
2025 EXP 22614	Acceptance and Commitment Therapy in mild traumatic brain injury (ACTion mTBI)	Dr Josh Faulkner	26/06/2025	11/07/2025	Provisionally Approved	Approved	6/08/2025	No
2025 EXP 21672	The TENTACLE â€œ Colon study (TreatmENT of AnastomotiC LeakagE after COLON cancer resection)	Professor Greg O'Grady	10/12/2024	19/12/2024	Provisionally Approved	Approved	24/01/2025	No
2024 EXP 11375	Vibration Therapy for Better Breathing: Helping Patients with nasal congestion	Dr Kelvin Lau	4/11/2024	26/11/2024	Approved	Approved	26/11/2024	No
2024 EXP 20284	Aotearoa involvement in World Helicobacter Registry	Dr Stephen Inns	11/11/2024	26/11/2024	Provisionally Approved	Approved	9/12/2024	No
2024 EXP 21899	Attitudes of Cancer Patients to GMT	Associate Professor Michael Jameson	25/11/2024	17/12/2024	Approved	Approved	17/12/2024	No
2025 EXP 20448	Adult Presentation of Merckel's Diverticulum - A Retrospective Multi Centre Study	Dr Gary Lim	13/02/2025	7/03/2025	Approved	Approved	7/03/2025	No
2025 EXP 22306	Scaling out CVD risk co-benefits within the AAA/AF research for Māori in Te Matau a Māui Hawkeâ€™s Bay	Dr Karen Bartholomew	21/02/2025	7/03/2025	Provisionally Approved	Approved	19/03/2025	No
2025 EXP 22302	Pacific Islands Families Study	Professor El-Shadan Tautolo	19/03/2025	10/04/2025	Approved	Approved	10/04/2025	Yes
2025 FULL 20979	Pets on Pain Rounds	Dr Lora Pencheva	26/02/2025	19/03/2025	Declined	Declined	19/03/2025	No
2025 EXP 21589	Feasibility study of normal breathing lung function testing methods	Dr Ella Guy	27/03/2025	17/04/2025	Declined	Declined	17/04/2025	No
2025 EXP 19593	Modelling the syphilis epidemic in Auckland and Wellington	Dr Julia Scott	31/01/2025	20/02/2025	Approved	Approved	20/02/2025	No
2025 EXP 21790	What is the prevalence of undiagnosed HIV in New Zealand?	Dr Julia Scott	31/01/2025	20/02/2025	Approved	Approved	20/02/2025	No
2024 EXP 20689	New Zealand Bone and Joint Infection Registry	Dr Sarah Hunter	17/07/2024	5/08/2024	Approved	Approved	5/08/2024	No
2024 EXP 20552	Auckland Sarcoma Unit Epithelioid Hemangioendothelioma Case Series	Dr Joshua Mitchell	5/08/2024	13/09/2024	Approved	Approved	13/09/2024	No
2024 EXP 21950	REd vs BluE Light therapy for dry eye disease	Professor Jennifer Craig	28/11/2024	17/12/2024	Approved	Approved	17/12/2024	No
2024 EXP 21859	Conception rates after Tubal Flushing with Saline at HyCoSy	Dr Rachael McEwing	28/11/2024	17/12/2024	Approved	Approved	17/12/2024	No
2024 EXP 20417	Sex Differences in Cerebrovascular Reactivity	Dr Gonzalo Maso Talou	4/07/2024	22/07/2024	Approved	Approved	22/07/2024	No

2024 EXP 21059	SPEAK - Lung	Dr Mathew Wilson	10/09/2024	18/10/2024	Provisionally Approved	Approved	4/11/2024	No
2024 EXP 21484	Deprivation in VLU	Professor Andrew Jull	13/11/2024	17/12/2024	Approved	Approved	17/12/2024	No
2025 EXP 22012	TAONGA - Lung	Doctor Mathew Wilson	7/02/2025	25/02/2025	Approved	Approved	25/02/2025	Yes
2025 EXP 22961	Prospective Study on Acute Toxicities in Moderate Hypofractionation for Salvage Prostate Radiotherapy	Dr Jerry Lee	19/05/2025	3/06/2025	Provisionally Approved	Approved	13/06/2025	No
2025 EXP 21096	Use of a fundus camera controlled by a robotic gantry for remote eye exams in a rural health clinic.	Dr Jaspreet Dhupia	5/10/2024	18/12/2024	Provisionally Approved	Approved	25/02/2025	Yes
2024 EXP 15609	iTestis: Bioinformatics for Testis Cancer	Dr Nicola Lawrence	29/10/2024	19/12/2024	Declined	Declined	19/12/2024	No
2025 EXP 22989	Can vaginal swabs be used to detect ovarian cancer?	Dr Sarah Sczelecki	30/06/2025	11/07/2025	Provisionally Approved	Approved	21/07/2025	No
2025 EXP 22111	Māori Health Information Seeking: Kāhara mai v2	Dr Anushia Inthiran	14/01/2025	30/01/2025	Approved	Approved	30/01/2025	Yes
2025 EXP 21170	Analysing the use and suitability of quality of life tools in a nurse-led Rhinology clinic	Dr, Andrew Wood	5/02/2025	20/02/2025	Approved	Approved	20/02/2025	No
2024 EXP 20216	AAA NZ European cohort 2024	Dr Karen Bartholomew	22/07/2024	5/08/2024	Approved	Approved	5/08/2024	No
2024 EXP 20772	Coagulopathy and False Lumen Thrombosis in Type A Aortic Dissection	Dr Yattheesh Thanalingam	5/08/2024	19/08/2024	Approved	Approved	19/08/2024	No
2024 EXP 21240	Anatomical shape and motion at the distal radioulnar joint of the wrist: an advanced imaging (CT) study.	Mr Simon Maclean	17/09/2024	1/10/2024	Approved	Approved	1/10/2024	No
2024 EXP 21483	Understanding the trajectory of cardiac troponin in patients undergoing vascular surgery.	Dr Kathryn Hally	4/10/2024	18/10/2024	Approved	Approved	18/10/2024	Yes
2025 EXP 21961	Tāwhāpapa Rangahau Matepukupuku Establishing a Māori Cancer Research Platform	Dr Nina Scott	31/01/2025	14/02/2025	Approved	Approved	14/02/2025	Yes
2024 EXP 19428	Antiviral refractory or resistant cytomegalovirus infection in Australasia	Dr Rebekah Lane	9/07/2024	22/07/2024	Approved	Approved	22/07/2024	No
2024 EXP 20820	Describing the Dunedin Colorectal Cohort	Dr Deborah Wright	23/07/2024	5/08/2024	Approved	Approved	5/08/2024	No
2025 EXP 21878	PERITONEAL DIALYSIS TECHNIQUE FAILURE AMONG WAIKATO PATIENTS	Dr Arun Prakas Ramaswami	17/12/2024	29/01/2025	Approved	Approved	29/01/2025	No
2024 EXP 21063	Treatment and Resistance Of Helicobacter Pylori in Waitemata, Auckland	Dr Cameron Schauer	12/08/2024	22/08/2024	Approved	Approved	22/08/2024	No

2024 EXP 20755	The FLAIR Study	Dr Rajan Patel	13/08/2024	23/08/2024	Approved	Approved	23/08/2024	No
2025 EXP 21978	Observational Study of AAVrh74 Seroprevalence in Adults with FSHD	Associate Professor Richard Roxburgh	25/02/2025	7/03/2025	Approved	Approved	7/03/2025	No
2024 EXP 21617	i-SIGHT2 Study	Dr Riyaz Bhikoo	13/12/2024	19/12/2024	Approved	Approved	19/12/2024	No
2024 EXP 21755	Acute aortic syndrome in Aotearoa New Zealand	Ms Anastasia Dean	13/12/2024	19/12/2024	Approved	Approved	19/12/2024	No
2025 FULL 20511	Screening Concussion to Identify the Need for Neck Rehabilitation	Dr Olivia Galea	6/03/2025	14/03/2025	Withdrawn by Researcher	Withdrawn by Researcher	14/03/2025	No